

GRADE ABATEMENT TRIPTYCH CHECKLIST

① Identify the GAP skills and traits that you will strengthen.



Collegiality \approx Empathy



This is the crux of the course and the stuff of your growth: the collaborative learning environment and experience. Productive collegiality depends on the skill of empathy, which you build through discussion, writing, and especially reading in the Humanities.



Integrity + Character



Here you focus on the *individual* learning environment and experience, especially the honesty and openness necessary to take risks. Individualize your learning as much as possible.

External
Artifacts



Close Reading \Rightarrow Internalization

This encompasses the texts you analyze for emulative purposes, the memorization of universal languages and structures, and the literature you read for empathy.



Critical Thinking \Rightarrow Metacognition

These are the problems we are solving, the meaning you are making, and, most importantly, the thinking that drives every choice, every day.



Effective Communication \Rightarrow Writing

Bishop composition centralizes writing, especially essays, as essential to learning. Discussions and other communications support and scaffold that process.

Internal
Artifacts



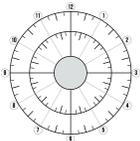
Amenability \approx Self-Awareness

You must seek and accept criticism *and* praise about all aspects of grade abatement in order to improve those aspects. Focus on teacher commentary, proxy feedback, and crowd-sourced analysis of yourself.



Assiduousness \approx Self-Efficacy

This is how to live like an academic tardigrade: Test your limits, adapt to challenges, and embrace failure as a key part of learning. Build the muscles necessary to beat down procrastination, impulsivity, and complacency.

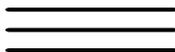


Organization \Rightarrow Autodidacticism

The rest of the skills and traits depend on this one: Your systemic, systematic, and individualized approach to getting things done.

② Engage the interstitial instruction and materials of the course.

<input type="checkbox"/>		Sisyphean High: www.sisypheanhigh.com/umwelt This is the hub: It contains all units and lessons, plus links to everything below. Use the comment section to ask questions directly of your teacher.
<input type="checkbox"/>		Medium The @sisypheanhigh account has critical teacher essays that elucidate and explore the units, lessons, and teaching methods found on Sisyphean High.
<input type="checkbox"/>		Google+ Community The instructional content here is <i>student</i> -generated. Monitor new notifications for interesting and relevant posts, especially proxy feedback.
<input type="checkbox"/>		Google Classroom Any formal assignments will be given deadlines and requirements here.



③ Explore, create, learn.

<input type="checkbox"/>		Google+ Community Start discussions. Ask questions. Post works-in-progress. This is the in-class learning community extended to include <i>every</i> student.
<input type="checkbox"/>		Google Drive Use Docs to take notes, reflect and metacogitate, and collaborate on early drafts of essays. Organize GAP evidence in Drive. Experiment with other Google Apps.
<input type="checkbox"/>		Medium Share final drafts of essays here. Then publish and publicize the best of your writing. Respond to other Medium essays, especially from peers.
<input type="checkbox"/>		Google Classroom Submit any required work by the deadline.